

ST. HELENS SENIOR CENTER – APRIL, 2018 MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 EASTER SUNDAY	2 TATOR TOT CASSEROLE	3 TACO SALAD LETTUCE, BEEF, OLIVES, TOMATOES	4 LEMON CHICKEN RICE PILAF	5 CLAM CHOWDER CHEDDAR BISQUIT	6 PORK ROAST AND STUFFING	7
8	9 BEEFY SPANISH RICE	10 OVEN FRIED CHICKEN	11 BISCUITS & GRAVY WITH SCRAMBLED EGGS	12 CHICKEN TORTILLA SOUP CHEESE ROLLUP	13 FISH'N'CHIPS COLESLAW	14
15	16 HAM AND SCALLOPED POTATO CASSEROLE	17 BROCCOLI CHICKEN STIRFRY/RICE	18 LIVER & ONIONS (OR HAMBURGER PATTY if requested early)	19 NAVY BEAN AND HAM SOUP CORN MUFFIN	20 BBQ CHICKEN BAKED BEANS POTATO SALAD	21
22	23 TUNA CASSEROLE	24 CHICKEN POT PIE	25 SWISS STEAK	26 MINNESTRONI SOUP WITH DELI SANDWICH	27 TURKEY DINNER WITH FIXINGS	28
29	30 COOK'S CHOICE	Suggested \$5 donation for 60 and older. \$8 for under 60 years of age.	We reserve the right to substitute an entrée when necessary.	We try to accommodate medical food needs, but not likes/dislikes.	The government pays an estimated \$1.07 for each eligible meal only (subject to change)	